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# Technical Operations - Rope Rescue



Company Training

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## Operations Level – Knot Skills Sheet

Shift \_\_\_\_\_ Circle Companies E45 E46 E47 B45 A45 A46 Date \_\_\_\_\_

Review the different uses and tie to proficiency the following knots.

### Knots

\_\_\_ Prusik Hitch

\_\_\_ Bowline

\_\_\_ Long Tail Bowline

\_\_\_ Clove Hitch

\_\_\_ Butterfly

\_\_\_ Square Knot

\_\_\_ Prusik Wrap

\_\_\_ Water Knot/Overhand Bend

\_\_\_ Figure Eight

\_\_\_ In-Line Figure Eight

\_\_\_ Hasty Seat Harness

\_\_\_ Double Overhand

\_\_\_ Half-hitch

Evaluator Print: \_\_\_\_\_

Evaluator Signature: \_\_\_\_\_ Date: \_\_\_\_\_